

# Sons In Retirement

A NON-PROFIT ORGANIZATION OF RETIRED MEN DEVOTED TO THE PROMOTION OF INDEPENDENCE AND DIGNITY OF RETIREMENT  
State President: Floyd D. 'Buck' Kendrick, 25591 Chapin Rd, Los Altos Hills, CA 94022, 650-948-7470 buckkendrick@sbcglobal.net  
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## Damian Reynolds Branch, No. 1, Inc.

### BIG SIR

Gilman L. Goodrich  
662 Twelve Acres Drive  
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650 941-4616  
gil.goodrich@sbcglobal.net

Branch Superphone 650 341-8298

### LITTLE SIR

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Branch website www.sir1.org

### TREASURER

John W. Mahaffy  
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### SECRETARY

John Danenhower  
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### EDITOR

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LUNCHEON · 12 NOON · 2<sup>nd</sup> WEDNESDAY  
NEXT MEETING OUR 618<sup>th</sup>

## January 2010

ELKS LODGE, 229 WEST 20<sup>th</sup> AVE., SAN MATEO  
WEDNESDAY, JANUARY 13, 2010



**Big Sir Gil Sez...** Welcome to 2010. I am grateful to have the opportunity to serve you as Big Sir this year.

SIR offers us each the opportunity to relax, associate with active peers over lunch, and enjoy the stimulation of some of the activities groups. My goal for 2010 is to make SIR Branch #1 more fun for us all. This can be achieved through interesting activities and speakers. It will also make SIR attractive to new members.

Since we enjoy this, it is only fair that we would introduce it to our other friends and associates. Won't you bring a friend to lunch on a 2<sup>nd</sup> Wednesday at Branch #1? If someone had not done that for you once, you may not have discovered SIR.

It has been suggested that I provide an introduction and background for myself. Membership in Branch #1 in July 2006 came through the sponsorship of George Henderson, a fellow stamp collector.

Retirement came in 2006 after a 40+ year career in the semiconductor IC business with numerous employers (common in the IC industry), such as Motorola, AMD, Siemens, Oki, and O2Micro International. Roles were in manufacturing, sales, distribution, and the last 5 years in the financial facet of Investor Relations.

Education includes BS in Physics, California Polytechnic, an MBA, and an AA in Real Estate. I am also a Real Estate Broker. My wife, Lorraine, grew up in San Francisco and Millbrae, graduated SJSU, taught school in Belmont and retired in 2004.

In addition to SIR Branch #1, my activities include several stamp clubs, board member of the Western Philatelic Library, life member of the American Philatelic Society and active on its estate advisory board, mediator with the Peninsula Conflict Resolution Center (PCRC), and participation in the English-In-Action program at Stanford's Bechtel International Center.

My motto is: Life is an opportunity; the world is a great big exploratorium; let's enjoy it.

*Gil Goodrich*

## THE JANUARY PROGRAM

Our speaker for the January luncheon will be Richard Draeger, CEO of the Draeger's Supermarket Company. He will speak on the history of the Draeger family in San Mateo County. Richard is the grandson of Gustaf Draeger who was in the grocery business in San Francisco, and the son of Frank Draeger who opened the first Draeger's Grocery on the Peninsula in the mid 50's.

With three current locations in Los Altos, Menlo Park and San Mateo, Draeger's Supermarkets offer outstanding quality meats, bakery goods, groceries and wines. Their state of the art facilities have enabled the Draeger's to enhance their already famous culinary services by adding a sausage kitchen and smokehouse, fully equipped bakery and enlarged deli kitchens, the most advanced wine storage facilities, a full-service restaurant, a nationally known cooking school, a complete cookware and cookbook department, a Chinese take-out kitchen, full service floral department, and a party supply department. Never content to rest, the Draeger family is committed to constantly improving the products and services, which they offer their discriminating clientele. To this end, they encourage their buyers to seek the finest specialty food products, their cooks to produce the best food possible, and their clerks to offer the friendliest service. From its humble beginnings as a store-front deli to its proud new environment, Draeger's has never lost sight of its mission to provide the best in food, wine, and service.

If you are interested in preparing and/or enjoying fine food, you won't want to miss this talk and the opportunity to meet Richard Draeger.

**2010 SMILEY FACES  
WILL BE AVAILABLE  
AT THE MEETING!**

**BE SURE TO GET YOURS!**

## THE JANUARY MENU

Mixed Greens Salad  
 Italian and Ranch Dressings on the Table  
 Chicken Marsala  
 Rice Pilaf and Green Beans  
 Rolls and Butter  
 Dessert: Ice Cream  
 Coffee or Tea  
 Alternative Salad: Caesar Chicken Salad  
 Must be ordered 5 days in advance

A new feature this month is the ability to order a lighter lunch. If you would prefer the Caesar Chicken Salad instead of the Chicken Marsala, call the SuperPhone (341-8398) and let the Lunch Committee know. They are requesting a five day notice so call no later than Friday, January 8.

**Note:** If you have special dietary requirements or preferences that exclude the menu choice at any regular luncheon, don't be discouraged. Alternatives can be made available. Call the **SuperPhone (341-8298)** or Luncheon Chairman **John Chiapelone** at **341-6404** and explain your needs.

## DECEMBER 2009 VITAL STATISTICS

Membership on November 11, 2009	250
New Members	0
New Inactive Members	-1
Deceased	-1
Membership on December 16, 2009	248
Membership on November 12, 2008	253

## A BIG THANK YOU TO OUR GIFT DONORS

We thank the following restaurants for their very generous donations of gift certificates, awarded as drawing prizes at our annual Ladies Holiday Luncheon. We are grateful for their support of SIR Branch #1. You can acknowledge their support by your patronage of these fine restaurants:

Astaria	50 East 3rd Ave	San Mateo
Café Figaro	1318 Broadway	Burlingame
Iron Gate	1360 El Camino Real	Belmont
Izzy's Steak House	25 Skyway Road	San Carlos
Kabul	135 El Camino Real	San Carlos
Kincaid's	60 Bayshore Place	Burlingame
Lucetti's	109 West 25th Ave	San Mateo
Sapore Italiano	1447 Burlingame Ave	Burlingame
Spiedo	223 East 4th Ave	San Mateo

## IN MEMORIAM

Norm Nelson - a member since 1989  
 Larry McMills - a member since 1994

## THANK\$ !!

Several members who have been unable to attend a meeting over the past few months have filled out the form that appears on the bottom of page four of the bulletin each month and sent a donation to the Branch. Our expenses go on even if YOU are the one who misses a meeting.

A special thank you goes to Al Fregosi and Harvey Small for their recent contributions.

## JANUARY BIRTHDAY BOYS

2 Larry Conrad; 3 Paul Briley, Richard Wunderlich; 7 Floyd Alfson; 11 Bill Schinagl; 12 Roger Newkirk; 15 Duncan Fife, Frank Lyons, Phil Manriquez; 16 Duane Brown, Jr.; 17 Bill Kennaugh, Leonard Silva; 22 Warren Schiechl; 23 Al Kjar; 25 Steve Pace; 28 Mike Harrington



## FROM THE HOLIDAY PARTY



## ACTIVITIES

**Chairman:** Thomas D. Keefer 650-342-7977

**AMATEUR RADIO:** Chairman, Warren Struven, W6CB, 591-0125. Current "on the air" schedules are: Tuesday 0740 3668 kHz, Wednesday 1000 7272 kHz, Thursday 1030 146.85 MHz, Friday 0900 3925 kHz.

**BOWLING:** Chairman, Bill Saavedra, 650 589-1789; Assistant Phil Manriquez 650 871-5009 Bel Mateo Bowl: League bowling at 10:00 AM on Thursdays and 10:00 AM Fridays.

**COMPUTERS:** Chairman, Rick Dusine, 650 465-4081, Group meets on the 4th Tuesday of each month at the Silicon Valley Community Foundation, the Schwab Building, 1300 South El Camino Real, San Mateo. Coffee and donuts at 9:30 am, Speaker at 10:00 am. Novices and experts, PC and Apple, all are welcome.

**\*DIGITAL IMAGING,** subgroup of Computer Group: **Chairman, Bob Melvin, 650 342-9080.** Please contact the chairman for further information if interested.

**DOMINOES:** Chairman, John Danenhower, 650 780-9551; Assist. Clarence Conrad, 650 572-9126. Meets every Tuesday at San Mateo Senior Center. Play starts at 12 noon and continues to about 3:00 PM.

**ECONOMIC RESEARCH:** Chairman, Tom Keefer, 650 342-7977, e-mail [tkeefe979@aol.com](mailto:tkeefe979@aol.com) Meets third Wednesday for lunch at Dominic's at Poplar Creek Golf Course, San Mateo. Speakers address aspects of business and public affairs.

**\*GARDENING:** Chairman, Harold Lembright, 650 697-8665; Assist. Don Brozzo 650-572-0537. Meets 4th Thursday of month at 2:00 PM. Wives invited. Call to be certain of meeting date, time and place.

**GENEALOGY:** Chairman, George Henderson, 650 345-7269; Assist., John Young, 650 342-3087. Meets on the first Tuesday of the month at 10:00 AM at the Silicon Valley Community Foundation, the Schwab Building, 1300 South El Camino Real, San Mateo.

**\*GOLF:** Chairman, Mike Murphy, 650 345-9731

**STAMP CLUB:** Chairman, Gil Goodrich, 650 941-4616: Group meets on the 3rd Monday of each month at 10:00am at the Silicon Valley Community Foundation, the Schwab Building, 1300 South El Camino Real, San Mateo. Speaker and then stamp trading.

**STOCK STUDY GROUP:** Chairman, Jim Felker, 650 342-8103; Assist., Dick Nelson. Meets on the second Monday of the month at 10:00 AM at the Silicon Valley Community Foundation, the Schwab Building, 1300 South El Camino Real, San Mateo.

**TENNIS:** Chairman, Bill Saavedra, 650 589-1789; Call for time and place.

**\* BRANCH 1 ONLY**

### ADDITIONAL ACTIVITIES:

The following activities sponsored by other Branches in Area One are available to Branch One members: Bocci Ball, Barber Shop Chorus and Horse Shoes. In addition, Bridge, Lawn Bowling, Pedro, Pinochle, Stamp Collecting, and Wood Working groups will be established if sufficient interest is found in Area One. Contact Tom Keefer at 650-342-7977 or email him at [tkeefe979@aol.com](mailto:tkeefe979@aol.com) for further information if you are interested in any of these groups.

## MICHAEL CLARK'S TRAVEL CORNER



**Michael Clark**  
Travel Chairman (650) 347-0919  
[clarkgoes@aol.com](mailto:clarkgoes@aol.com)

Well here it is – 2010!!! Time for us all to take a step back and review 2009. I'm sure, if you are like me, there were quite a few things we would have done differently (if only we got a second chance at things!!). Well, hopefully 2010 will be a little better. The economy looks to be picking up – (maybe I should say picking up SLOWLY). So let's all make (and keep) a few New Year's resolutions. Repeat after me:

"I promise to take at least one SIR sponsored trip in 2010"

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There that's out of the way. Our travel group will live on.

But all kidding aside – the trips are really getting difficult to fill. Yesterday (December 17<sup>th</sup>) I had to cancel the February 3<sup>rd</sup> trip to see King Tut and visit the Academy of Sciences. I had exactly one inquiry!! We couldn't get the required 24 travelers.

In an effort to reduce costs, I followed up with one of Bob Way's suggestion on Beach Blanket Babylon that we drop the meal. I got a resounding "NO WAY". It seems that the Dinner or Lunch during a day trip is considered a main part of the experience. So we are back to square one – how to hold the ever increasing costs down. I'm looking forward to your thoughts. Send me an Email or pick up the phone.

We do have two very good interesting trips set for 2010 (more to come). The first is Hooray for Hollywood March 15 to the 20<sup>th</sup>. This is touted as an insider's visit to the movie capital of the world. One hotel – unpack/pack once!! There are too many high points to list so pickup a flyer at the next luncheon or give me a ring. Cost is \$1495 each double, which includes the air down and back, numerous meals and lots of activities. This is a "Guaranteed trip" it will not be cancelled it will go even if I'm the only one to sign up. I'll cover the other trip next month. So -

Happy travels.

### THE JANUARY 2010 GOLF SCHEDULE

Wednesday	January 6	Crystal Springs	9:30 am
Thursday	January 14	Poplar Creek	10:00 am
Wednesday	January 20	Willow Park	9:30 am
Wednesday	January 27	Shoreline	9:00 am

Please call Mike Murphy at 650-345-9731 before attending any of these golf outings to confirm space available and changes in schedule or golf course.

Sons in Retirement Damian Reynolds Branch No. 1, Inc  
Sons in Retirement, Branch 1  
4034 Kingridge Drive  
San Mateo, California 94403

NON-PROFIT ORG.  
PRESORTED STD.  
U.S. POSTAGE  
**PAID**  
PERMIT NO. 833  
SAN MATEO, CA

## ADDRESS SERVICE REQUESTED



HAPPY NEW  
YEAR  
BRANCH #1  
SIRS

### DON'T FORGET!

The Computer Group, Genealogy, Stamp Club and Stock Study have moved their meeting place. All four of the groups now meet in the Silicon Valley Community Foundation room located at 1300 South El Camino Real, San Mateo. (That's the Schwab Building.) There is a parking lot on Barneson Avenue as well as in a garage under the building which is reached from the Barneson lot.

### BRING A GUEST

Help keep the membership up!  
Bring a friend or neighbor or former business associate who is now retired to the next meeting. You will do him a favor by introducing him to SIR (and you will earn a free lunch when he joins!)

Someone ill in your family? Do you need a ride to get to our lunch meeting? Can you give someone a ride? Is there something on your mind about the Branch and how it is running? Let us know. **WE CARE! Call the SUPERPHONE – 341-8298,**

 **PLEASE clip and mail today**

To SIR BRANCH #1  
c/o John Mahaffy  
4034 Kingridge Drive  
San Mateo, CA 94403

I'm enclosing my contribution in the amount of  
\$ \_\_\_\_\_

for  Missed meeting donation  
 Annual donation  
 Just because

Name \_\_\_\_\_

Badge No. \_\_\_\_\_

### LUNCHEON ATTENDANCE

A member **must** notify the Attendance Committee (**SuperPhone number 341-8298**) 3 days before a regular meeting, with a valid excuse, if he is unable to attend.

Missing 3 consecutive meetings without notification or attending less than 6 regular meetings in the last year can result in **termination**. (See Rule 100)

### NON RESPONSIBILITY DECLARATION

"All activities arranged for or by, or sponsored by, Sons in Retirement, Incorporated, and its Branches, are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Incorporated, and its Branches do not assume any responsibility for the well being or safety of the participants or their property, in any matters pertaining to said activities."